



# THE LINK

April 2009

## CMH Nurses Recognized by RNAO!



## RNAO BEST PRACTICE SPOTLIGHT ORGANIZATION

Cambridge Memorial Hospital nursing professionals have reason to celebrate during National Nursing Week, May 11-17, as their professional association has recognized us as a Best Practice Spotlight Organization (BPSO).

Join colleagues from across the organization in the Riverview Café on Wednesday, May 13 from 11:30 a.m. to 1:30 p.m. as we celebrate our BPSO designation.

The official designation – celebrated at a gala in Toronto of CMH nurses and nursing leadership – comes after a three-year partnership with the Registered Nurses' Association of Ontario (RNAO). The aim of the BPSO initiative is to create working environments where the most current evidence is used in day-to-day practice by all nurses.

Cambridge Memorial Hospital was among 12 healthcare organizations to receive this designation, recognizing institutions that implement internationally recognized best practice guidelines for quality-care initiatives.

"The nurses at these organizations are doing pioneering work," says Wendy Fucile, President of the Registered Nurses' Association of Ontario. "Achieving a BPSO designation recognizes their commitment to sharing their experience and expertise with other healthcare organizations."

CMH President and C.E.O. Julia Dumanian says the provincial title is a perfect example of the hospital's new vision to provide "exceptional healthcare through exceptional people".

"This is about passion, commitment and staff involvement at all levels of the organization to

clinical excellence," says Ms. Dumanian. "It's about evidence-based practices and resources."

On behalf of the staff and patients of Cambridge Memorial Hospital, Ms. Dumanian says: "I want to congratulate Bea Mudge, our Vice President of Patient Services and Chief Nursing Executive and her team, for again demonstrating our leadership position in this province to clinical excellence."

According to Ms. Mudge, the Best Practice Spotlight Organization designation better positions Cambridge Memorial Hospital to retain a qualified nursing workforce and successfully recruit additional staff.

"Spotlight organizations support nurses to enhance their practice based on the best evidence so they can provide the highest quality of care to their patients," she says. "This provincial recognition demonstrates our commitment to these standards."



Left to right: Heather McConnell of RNAO; Krista Pozaic, CMH Clinical Educator; Julie Deruytter, CMH Clinical Educator; Bea Mudge, Vice President of Patient Services and Chief Nursing Executive; Vera Heldmann, CMH Clinical Educator; and Irmajean Bajnok of RNAO.

## CMH Celebrates the 6<sup>th</sup> Annual Canadian Oncology Nursing Day

Cambridge Memorial Hospital's Oncology Nursing Team takes a break to celebrate their special day with members of the CMH Executive Team. National Oncology Nursing Day was April 7, 2009.



## CMH Board to salute Workplace Excellence

Look around ... do you work with someone who exemplifies innovation or leadership or outstanding commitment to their role at Cambridge Memorial Hospital? If yes, please enter their name for a CMH Workplace Excellence Award. It's a great way to honour them and their area of expertise.

The Cambridge Memorial Hospital Board of Governors is pleased to sponsor the 2nd Annual Workplace Excellence Awards as a way of providing a venue to promote success in our Hospital and profiling individuals demonstrating outstanding performance at work.

The recipient will receive \$1,000 to be used for academic courses or industry-related training in the field of their choice. The award will be presented at the Annual General Meeting on June 24. For complete details, please pick up a brochure at Human Resources or visit the CMH intranet. Submission deadline is June 1, 2009.



*Maria Boyes and Helen Caballes*

Last year, we received 10 nominations from across the organization and two candidates were selected as the inaugural winners - Maria Boyes and Helen Caballes.

Maria Boyes is a Nurse Clinician for Seniors Health at CMH who was cited for single handedly improving the lives of thousands of elderly patients and their families.

Helen Caballes, a Medical Laboratory Technologist working in the histology section of the laboratory, was instrumental in implementing a new immunohistochemistry service in Anatomic Pathology at CMH, allowing pathologists to characterize tumours and tissue types for accurate diagnosis.

"I was very flattered by this award and my morale is way up there," says Helen. "It was a great gesture by my colleagues and doctors who appreciate my work."

## National Nursing Week at CMH May 11 – 17, 2009

See below the list of activities planned for the week.

Monday, May 11: Lunch and Learn 1145-1215 and 1230-1300 in 3A Meeting Room 4&5

**Advanced Practice Nursing** Presented by Kathy Krupa and Sue Melo

Tuesday, May 12: Lunch and Learn 1145-1215 and 1230-1300 in 3A Meeting Room 4&5

**"What I learned when nurses brought me to work"** Presented by Bea Mudge

Wednesday, May 13: Luncheon (\$2 special) 1130-1330 in the Riverview Café

**Celebrating our Best Practice Spotlight Organization Designation**

Thursday, May 14: Lunch and Learn 1145-1215 and 1230-1300 in 3A Meeting Room 4&5

**Patient Safety** Presented by Sandy Bradshaw and Laurie Graham

Friday, May 15: Lunch and Learn 1145-1215 and 1230-1300 in 3A Meeting Room 4&5

**Emergency Preparedness** Presented by Paul Lacey and Krista Heap

## 4A Open House

Drop by Friday, May 8, 2009 from 2pm – 4pm, enjoy a piece of cake and take a look around the new home of Women's & Children's Health.

The official move takes place Monday, May 11, 2009.





## April 19-25 was National Volunteer Week

All over Cambridge Memorial Hospital, volunteers were thanked and honoured including, the CMH Foundation which held a lunch to honour their volunteers, and the CMH Housekeeping Department that held a tribute to their outstanding volunteer!



Housekeeping volunteer Frank Mastrangelo

## CMH Volunteers honoured at Cambridge and Ontario Service Awards

Three of Cambridge Memorial Hospital's volunteers were given special honours by the City of Cambridge during its Annual Volunteer Awards dinner, for going above and beyond the call of duty. Honoured were Billie Martin, David Hinschberger and Dennis Brandwood.



For the first time, four CMH volunteers were honoured at the Ministry of Citizenship's Ontario Volunteer Service Awards held in April at the Concordia Club in Kitchener. In addition to our volunteers, 36 other CMH volunteers received honours from the Minister of Citizenship, Micheal Chan, the Premier of Ontario, Dalton McGuinty, and John Milloy, Minister of Training, Colleges and Universities..



CMH Volunteer Stephanie Sharpely receiving her award with John Milloy, Minister of Training, Colleges and Universities in the background

## It was Fashion Sunday for CMHVA...

Many CMH staff took to the catwalk to raise funds for the Cambridge Memorial Hospital's Volunteer Association.



Deborah Mates



Courtney Calma



Dr. Flamand



The CMH Foundation team would like to thank the Galtview Restaurant for raising almost \$5,500 during its 6<sup>th</sup> Annual Dining for Dollars event!



## Coming Up...

### Nursing Grads Quilt for CMH

Graduates of the Class of '65 got together and made a beautiful quilt to raffle in celebration of Nursing Week



May 11-17. The draw will be on Friday, May 15 at 12:30 in the Riverview Café. Tickets are \$2 each or 3 for \$5. Raffle proceeds will go towards Surgical Day Care equipment at CMH. Please contact us to purchase a ticket or for a booklet of tickets to sell in your department. This raffle is open to the public. Call the Foundation at ext. 4966 or 740-4966.

### Yard Sale for the Cure

Gently used items can find a new home on May 30<sup>th</sup> at the Yard Sale for a Cure.

Money raised from the sale will go to breast cancer treatment services at Cambridge Memorial Hospital. Drop-off items to Franklin Self Storage between 9 a.m. and 5 p.m., Monday to Saturday (1245 Franklin Blvd, Cambridge).



For more information, or to volunteer: 519-740-4966 CMH Foundation Office or visit Cmhnet.

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**Volunteer Association  
Recovery Room  
Clothing Drive**



*CMH employees donated huge amounts of gently used clothing to the CMHVA Recovery Room store during the Annual Easter Lunch. Sharon Brown drops a bag of clothing in the bin.*

