

THE LINK

May 2009

CMH goes green with 3 solar walls

To celebrate Energy Conservation Week in Ontario, Cambridge Memorial Hospital officials flipped the switch on our three new solar walls.

As part of an energy saving and facility renewal program in partnership with Honeywell, the solar walls on the exterior of the building will significantly lessen energy costs and reduce the hospital's carbon footprint. With financial support from the Government of Canada, matched by the Province through the Ontario Solar Thermal Heating Incentive, it is the largest hospital project of its kind in the world and one of the largest solar projects of the past year in Canada.

"The financial support of our government partners was critical to the decision to modernize Cambridge Memorial Hospital using the latest in environmental technologies," said President and Chief Executive Officer Julia Dumanian. With the five-storey solar wall in the background, Ms. Dumanian said the hospital's green initiative will result in CO₂ displacement of approximately 200 tons each and every year.

The installation of the three solar walls is part of an overall program to renew some of our infrastructure and reduce energy costs. Energy efficient technologies will replace older, less efficient systems, thereby reducing electricity and fuel consumption and related costs. Other upgrades include the following:

- Energy management system to provide improved control of building systems;
- New lighting that will reduce energy consumption while providing better illumination;
- Various heating, ventilation and air conditioning upgrades;
- Weather sealing to reduce heating and cooling losses.



(left to right) Cambridge City Councillor Linda Whetham, CMH Board Chair John Bell, Honeywell's Luis Rodrigues, Regional Councillor Claudette Millar, CMH President Julia Dumanian, The Hon. Gary Goodyear, Ontario's Chief Energy Conservation Officer Peter Love, and Regional Councillor Jane Brewer.



Clinical Educators Lorna Zubrickas and Vera Heldman, with Special Projects Manager Brigitte Shannon, right.



Home at last for moms and babies at CMH

It arrived exactly on schedule, as maintenance crews at Cambridge Memorial Hospital stood proudly and watched officials cut the cake to mark the opening of the new Women's & Children's Health Unit on our fourth floor.



(left to right) RNs Mary Pereira and Aida Figueiredo check out their new digs.

"I think it's awesome and I can't wait to come home," Mary Pereira, an RN in Labour and Delivery, said while touring the area during an open house May 8.

For colleague Aida Figueiredo - 26 years at CMH - she summed up her enthusiasm by saying simply: "love it, love it".



(left to right) Rosemary Lywood, Clinical Educator for Women's & Children's Health, explains the birthing suite to RNs Susan Perrin and Denise Jefferson.

The revitalization of the Obstetrics area began in September and is the last in-patient unit at CMH to undergo a complete renovation. For the past nine months, home for staff, patients and newborns was one flight up on 5A.



Pharmacist Louise stands in the two rooms where she delivered Jacqueline and Nathaniel.

"I gave birth in this room," said Louise, a CMH Pharmacist who recalled the day on December 7, 2002 when she gave birth to daughter Jacqueline. Crossing the hall, she admires the renovations to the room where son Nathaniel was born on November 17, 1999.



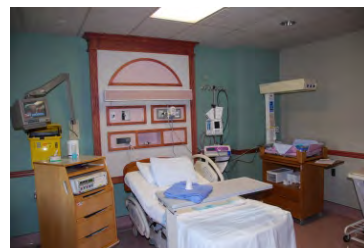
"I was pregnant with Nathaniel when I started at CMH," said Louise, as she and Pharmacist Christine Lau toured the floor.

For Nurse Manager Deb Snider, the new unit is a welcome addition to the quality patient care her team provides expecting mothers.

"This was a major renovation project and I want to extend a huge thank you to everyone involved," she said, "especially the team from Housekeeping, Maintenance and Project Management... this unit looks terrific and the floors shine..."



Move-in Day May 11



CMHF gives Hospital almost \$3-million to purchase much needed equipment

The CMH Foundation celebrated a banner year by raising almost 30% more than the year before. The Foundation presented a cheque for \$2.9 million dollars to the Hospital at its Donor Recognition Ceremony in mid-May. The money raised came from individual donors and corporate gifts, including: Toyota, Challenger Motor Freight, Gore Mutual, BMO Financial, Lyle S. Hallman Foundation and the Zonta Club of Cambridge.

Some of the items purchased in 2008-2009 include:

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|-----------------------------|---------------------|------------------------|
| Infusion Pumps (2) | Incubator | Phototherapy Spotlight |
| ER Refurbishment | Stretcher | Spider Limb Positioner |
| Shoulder Positioner | Surgical Equipment | Vital Signs Monitor |
| Surgical Table and Cart | Portable Ultrasound | Surgical Endoscopy |
| ER Monitor | Cell Washer | Adult Ventilators (2) |
| Surgical Day Care equipment | | |



Dr. Cathy Morris, CMH Chief of Staff, being presented with a cheque from CMH Foundation Board Chair Sam Purdy and Foundation Executive Director Ingrid Town for almost \$3 million.

CMHF's Sue Lockett being presented with the proceeds from this year's "Scoring for Kids" street hockey tournament.



A full house for this year's Foundation donor ceremony! Many of the CMH Foundation donors attended the annual ceremony.

CMHVA Spring AGM Thursday, May 28, 2009



From left to right front row - Sybil Beech, Liz Goad, Vi Bettke, Rosemary Cook. Back row - Ed Yach, Wade Benoit, Joan Linton, Jane Cipolla, and Julia Dumanian. The Certificate of Appreciation is given to volunteers in recognition of their exceptional contributions to the CMHVA.

Local Life Award



CMHVA Local Life Award winner Marla Hacker (second from left) with Julia Dumanian, CMHVA Outgoing President Jane Cipolla, and CMHVA Incoming President Marilyn Parkinson-Crump. The Local Life honour is given to a volunteer who has given over 15 years of service, been a member of the CMHVA Board of Directors and given exceptional and additional service to the VA.

Provincial Life Award



The Provincial Life Award is the highest of all honours and is given to a volunteer who has demonstrated outstanding service for over 15 years and has already met the Local Life criteria.

Volunteer Helen Tooze receives her honour from Jane Cipolla and Julia Dumanian.



CMH President and C.E.O. Julia Dumanian accepts a cheque from incoming CMHVA President Marilyn Parkinson-Crump

CMH receives “Best Practice” designation



RNAO
BEST PRACTICE
SPOTLIGHT
ORGANIZATION

New Provincial title demonstrates Hospital's Vision “to provide exceptional healthcare through exceptional people”

May was the month of celebrations at Cambridge Memorial Hospital, one of which was to acknowledge our newly acquired BPSO designation from the Registered Nurses’ Association of Ontario. The celebration took place during National Nursing Week (May 11-17) and was just one of the many activities to honour our over 800 nurses at CMH.



Bea Mudge - 2009 Nurse Leader



Congratulations to CMH's V.P. of Patient Services and C.N.E., Bea Mudge, for being awarded the Canadian College of Health Service Executives 2009 Nursing Leadership Award.

I Am a Nurse

I am a nurse.

I am a dedicated and highly skilled health care professional.

My actions begin with critical thinking and end with self reflection.

I am committed to life long learning.

My passion lies in health promotion and enhancing the quality of life of patients and their families.

I am regulated by a College whose standards of practice and Code of Ethics guide the care I provide.

I will not allow turbulent health care times to alter my focus of delivering family centred care.

I stand proud when I say,

I am a Nurse.

Rosemary Lywood