

COVID-19

novel coronavirus

Information for Patients Undergoing a Surgery or Procedure

For your health and the safety of staff, we want to ensure you minimize your chance of getting COVID-19 in the time leading up to your surgery/procedure. Please follow the below instructions.

Socially Minimize Yourself Before Your Procedure/Surgery

Keep yourself away from others to minimize the risk of being exposed to COVID-19. If you must leave your house please wear a mask, wash your hands often and practice physical distancing from others. For tips please visit the Region of Waterloo Public Health Unit website - www.regionofwaterloo.ca

Monitor Your Symptoms - ask your self, daily, how do I feel?

Symptoms of COVID-19 are: -

Fever	Decrease or loss of sense of taste or smell
New or worsening cough	Vomiting
Shortness of breath	Diarrhea
Sore throat	Runny nose or nasal congestion
Difficulty swallowing	Fatigue
Muscle aches	Pink eye (conjunctivitis)

Immediately notify your surgeon if you, or anyone in your house, feel any of the above symptoms or are diagnosed with COVID-19. Please know that your surgery could be cancelled any time prior to your scheduled appointment if you are ill or experiencing symptoms.

Day of Procedure:

- Plan to have a support person to drop you off at the hospital Main Entrance
- Here you will be greeted by a staff member who will screen you for COVID-19 and provide you with a mask that you must wear
- Bring minimal belongings and leave valuables at home
- Please have available the name and phone number of the caregiver picking you up after your surgery/procedure - this person must be readily available to pick you up after being called (within a half-hour)
- Please note you will be asked COVID-19 screening questions by the hospital before your appointment

Visitors:

In order to ensure the safety of our patients and staff, there are **no** visitors allowed. Special exceptions are made for children and those who require special support. This means any family members or companions will not be able to accompany you on the day of your procedure/surgery. This is an important precaution to ensure the safety of all of our patients and staff.

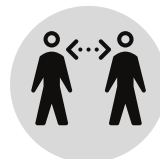
Hygiene Tips to Use During COVID-19:



Wash hands often! At least 20 seconds each time



Wear a face mask if you have to leave your home



Practice Physical Distancing - 6 ft apart



Disinfect commonly touched surfaces