

To Do List:

- HEALTH CARD: Please remember to bring your Health Card to each appointment.
- MEDICATIONS: Please bring your medications, including over-the-counter-medications and supplements, to each appointment. Keeping an up-to-date list of your medications can be helpful.
- LABWORK: If you have bloodwork, remember to go to the lab before coming to the Medical Day Clinic for your appointment.
- CHECK-IN: Remember to complete Your Symptoms Matter online about your symptoms *before* you come in to the clinic. (Follow the link in our [To Do List](#) on the [Cancer Care](#) page on the CMH.org web site)
- YOUR APPOINTMENT: It can be helpful to bring a list of your questions with you to your appointment.