



700 Coronation Blvd.,
Cambridge, ON N1R 3G2
519-621-2330

CardioRespiratory Unit

(519) 621-2330 – Ext. 1110 or FAX (519) 740-4930

Monday to Friday - 7:30 AM to 3:30 PM

Surname	First
Address	
Postal Code	Phone
Date of Birth	Unit # or Health Card #

Clinical Diagnosis/Indications for Test:

Height in/cm

Weight lbs/kg

See Patient Information and Instructions on Back of This Form

History

Chest Pain **Previous MI** **Palpitations**
Dyspnea **Hypertension** **Pericardial Disease**
Murmur **Congenital Heart Disease**
Other (specify)

Medications

Beta Blocker **Anti Arrhythmic**
Steroids **Bronchodilators**
Antihypertensive agents
Other (specify)

Cardiac Test

ECG	Holter Monitoring		24 hr	48 hr
Appointment Date _____ Time _____	Appointment Date _____	Time _____	Appointment Date _____	Time _____
Cardiac Stress Testing				
Appointment Date _____ Time _____				
Other (Specify)				

Pulmonary Function Test

<p>Full Pulmonary Function (Spirometry, Diffusion Capacity, Lung Volumes, Airway Resistance, Oximetry)</p> <p>Appointment Date _____ Time _____</p> <p>Methacholine Challenge Test Pt. MUST have previous Spirometry or Full PFT and test MUST be pre-approved by Respiriologist</p> <p>Appointment Date _____ Time _____</p> <p>Exercise Oximetry Assessment for Home O₂ (Walk Test on Room Air and Oxygen) Referral through Respiriologist</p> <p>Appointment Date _____ Time _____</p> <p>Other (Specify)</p>	<p>Spirometry (Age: 7 years and up)</p> <p>Appointment Date _____ Time _____</p> <p>Arterial Blood Gases</p> <p>Room Air or Oxygen at _____% or lpm</p> <p>Appointment Date _____ Time _____</p> <p>Other (Specify)</p>
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Referring Physician	Interpreting Physician (Required)	Copies to
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Cambridge Memorial Hospital
700 Coronation Blvd, Cambridge, Ontario N1R 3G2
(519)621-2330 – Ext 1110 or FAX (519)740-4930

The CardioRespiratory Unit is located on Level 0. It is on your right when you exit the public elevators.

**If you need to change your appointment give at least 24 hours notice.
The number to call is (519) 621-2333 Ext. 1110.**

IMPORTANT:

- **Bring all your medications (or a list) with you, including any over the counter medications.**
- For all tests arrive in the department at least 15 minutes early to register.
- Inform the receptionist / technician / therapist of any allergies you have.
- If you are under the age of 16, we recommend that you have a parent or responsible adult in attendance.
- Inform staff if you are pregnant or suspect you may be.

Patient Instructions

Pulmonary Function Tests	Cardiac Tests
<p>Spirometry or Full Pulmonary Function</p> <ul style="list-style-type: none"> • Time for spirometry: 30 minutes. • Time for full pulmonary function test: 45 minutes. • Stop taking inhaled medications 4 - 6 hours prior to test. <p>Methacholine Challenge Test</p> <ul style="list-style-type: none"> • Time for test: 60 to 75 minutes. • See separate sheet for detailed instructions and description of test. <p>Arterial Blood Gases</p> <ul style="list-style-type: none"> • Time for test: 20 to 30 minutes. • A sample of blood will be taken from an artery in your wrist. <p>Exercise Oximetry Assessment</p> <ul style="list-style-type: none"> • Time for test: 30 to 60 minutes. • Oxygen levels will be monitored while at rest and while walking. 	<p>Cardiac Stress Test</p> <ul style="list-style-type: none"> • Bring your medications • Do not stop any medications unless advised by your physician. • Wear comfortable clothing and shoes suitable for walking on a treadmill (walking shoes or running shoes - NO high heels) • Light breakfast or lunch is preferred <p>Holter Monitor</p> <ul style="list-style-type: none"> • Time for Holter test: 20 minutes • The monitor MUST be returned the following day • Wear a 2 piece outfit to allow a cable to come out at your waist • You will be provided with a diary to record activities or symptoms as well as ALL medications taken. • Bring a list of all your medications

Please remember that
Cambridge Memorial Hospital
is a Scent Free facility.